



Acorn Financial Services

Growing Mighty Oaks

From the Desk of Matt Brennan, CFP®, Partner

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As we dig our way out of the depths of winter we are greeted by the annual rite of Spring....Taxes!

Our first article this month takes a look at important tax considerations for our newly retired clients, designed to help you get the most out of reaching this important milestone.

The second selection examines an interesting topic in the study of behavioral finance. Dr. Meir Statman, an expert in the burgeoning field of study, provides insight

and analysis on the different types of investing personalities. His work is critical in understanding why we make certain decisions around money and we can improve upon habits that may be working to our detriment.

This time of year it is impossible to avoid being bombarded with healthy dieting solutions to support our new years resolutions. You may be surprised to learn that what we often think is a healthy choice may not be so good for us after all. Our third feature looks at how misleading marketing and misconceptions are to blame for our over-indulgence in so called "health foods."

Lastly, turning our thoughts and focus to Spring, we provide a list of handy and practical spring cleaning tips to refresh your home and restore it to its former (cleaner) glory.

Until next month,

Your Acorn Team



[The Most Overlooked Tax Breaks for the Newly Retired](#)

Discover important potential tax breaks.

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[Products You May Think Are Healthier Than They Are](#)

Invest in your health by separating nutritional winners from losers.

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[Investor, Know Thyself](#)

Fear, regret and over exuberance are just a few of even the smartest investor's enemies.

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[Easy Spring Cleaning Tips](#)

Clever tips, tricks and shortcuts will keep you motivated to clean this spring.

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